

Agenda

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, October 23, 2020

9:30 – 11:00 am

Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Senior Center will not be open for the May 22, 2020 meeting of the Senior Citizens Commission. The meeting will be conducted remotely via video/teleconference. The Public may watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference link provided below. The public may also join the meeting by calling the below listed teleconference phone number. Further instructions on how to make public comments throughout the videoconference or teleconference will be provided at the SENIORCENTER@FREMONT.GOV.

HOW TO JOIN MAKE A PUBLIC COMMENT ONLINE OR BY PHONE: The meeting will begin at 9:30 a.m. Whether you participate online or by phone, you may wish to "arrive" early so that you can address any technology questions prior to the start of the meeting.

ONLINE: <https://zoom.us/j/91478067115?pwd=cGFsc1FLVitGZy8rZVUxYjFKR3BRUT09>

Password: 131367

When prompted, download and run the software on your computer. If you have not used ZOOM Meetings on your computer before you may want to join the call 15 minutes early to test your configuration. Someone will be in the conference at that time to help you.

BY PHONE: iPhone one-tap : US: +16699009128,,91478067115#,1#,131367# or
+13462487799,,91478067115#,1#,131367#

OR

Telephone: Dial: US: +1 669 900 9128
Webinar ID: 914 7806 7115
Password: 131367

If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act ("ADA"), please contact the Human Services Department at 510-574-2050 at least 48 hours prior to this meeting for assistance.

For information on current agenda items please contact the Human Services Department at (510) 574-2050.

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1. **CALL TO ORDER**

2. **ROLL CALL**

3. **SALUTE TO THE FLAG**

4. **APPROVAL OF MINUTES** of the Regular Meeting of September 25, 2020

5. **ORAL COMMUNICATIONS**

6. **WRITTEN COMMUNICATIONS**
The email comments submitted shall become part of the record of the Commission meeting.

7. **OLD BUSINESS**

7.1 WORLD HEALTH ORGANIZATION (WHO) AND AARP AGE-FRIENDLY ACTION PLAN UPDATE

Karen Grimsich, Administrator

BACKGROUND: The City of Fremont belongs to the World Health Organization's Age-Friendly Network. This worldwide network is organized into age-friendly domain areas, which in Fremont are: Health and Wellness, Outdoor Spaces and Buildings, Transportation, Social Participation and Inclusion, Volunteering and Civic Engagement, Community Information, Employment and Learning Opportunities, Housing and Dementia-related

Support. Information from the Fremont community in each domain area has been organized into an Age Friendly Action Plan.

The current draft of the Plan will be presented to the City Council during a Study Session on older adults to be held October 20, 2020 at 6:00 PM.

RECOMMENDATION: That the commission have the opportunity to hear an update on the Action Plan, the presentation to the City Council, and discuss the next steps.

7.2 SENIOR CITIZENS COMMISSION CODE REVIEW –

Commissioner Yamasaki

BACKGROUND: The Senior Citizens Commission has been operating on long-standing processes, which have served the commission and the city well. With emerging efforts and challenges, such as the Age-Friendly Action Plan and the Covid -19 pandemic the commission has decided it may be time to review our mission and purpose.

At the June 25, 2020 meeting a work-group was appointed to create a mission statement for the Senior Citizens Commission. The workgroup consists of Commissioners Yamasaki, Hoyne, Yee and Young.

RECOMMENDATION: That the commission have the opportunity to hear an update on what this group has been working on.

That the workgroup has the opportunity to gather input from the Commission about next steps.

7.3 ACTION AREAS – Chair – Commissioner Young

BACKGROUND: At the September 25, 2020 meeting it was discussed that the commission would still like to have a presence at the monthly Planning Commission meetings. It was suggested that the commissioners have a rotating schedule each month so that not one commissioner will always be attending the meetings.

RECOMMENDATION: That the commissioners decide how the rotating schedule will work and who will put that schedule together.

8. NEW BUSINESS

8.1 Digital Inclusion – Karen Grimsich, Administrator Aging and Family Services

BACKGROUND: The current pandemic has amplified how some older adults are isolated due to not being comfortable using digital devices to communicate. This has been called the Digital Divide. The Aging and Family Services division has begun to survey clients about what type of electronic device they use and how they use it.

RECOMMENDATION: That the commission hears a report on the current survey results and some plans to promote digital inclusion among our older adults.

9. COMMISSION REPORTS

9.1 Facility Subcommittee – Commissioners Narasimhan, Wasserman, Yamasaki, Yee and Young

9.2 Planning Commission Committee **No Report this month**

9.3 Senior Legislation – Commissioner Desai

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging and Family Services – Karen Grimsich, Administrator AFS

11.2 Senior Center – Aisha Jasper, Senior Center Manager

12. COMMISSION COMMENTS

ADJOURNMENT