

Resources For Homeless/Hungry People

General Assistance

211 Eden I & R

Emergency Shelter

Housing & Human Services

This is a confidential 24 hour phone service which provides information about housing, emergency shelter and other human services programs, multiple languages are spoken. If you need a shelter, the operator will give you a shelter number where space is available. You will then need to contact the shelter to make arrangements to stay.

Fremont Family Resource Center (FRC)

39155 Liberty St., Suite A110 Fremont 574-2021

The FRC co-locates 25 state, county, city, and non-profit agencies to provide social services. Services include employment, childcare referrals, housing assistance, health/mental health services and many others services. Support

City Serve Compassionate Network

Fremont Family Resource Center

39155 Liberty St., Ste. H80 796-7378

Provides emergency clothing, food, amenities, counseling, and support groups. Call or drop in during business hours, Mon-Thurs 10-12 or 1-4, Fri 10-12

Homeless Outreach for People (HOPE)

Various Locations 510 366 -3633

The HOPE project provides homeless individuals and families with Medical services, case management, mental health services, and drug and alcohol recovery services from a mobile clinic. The HOPE mobile clinic provides these services at various meal and shelter sites throughout south and east Alameda County.

Monday - Livermore 9am - 12 pm

(showers, clothes, breakfast, bag lunch)

Vineyard Christian Church

460 N. Livermore Ave.

Tuesday and Thursday - Fremont

(shower and dinner)

12-2 pm Sunrise Village 588 Brown Road

3:00 - 5:30 pm Centerville Presbyterian 4360 Central Ave

Wednesday - Fremont

(Breakfast 7:30 a.m. - 9:00 a.m.)

7:30 - 9 am Irvington Presbyterian 4181 Irvington Ave

11am - 12 pm Corpus Christi Church 37891 2nd St., Niles

Abode Services (Drop In Center)

3607 Main Street, Ste. A, Fremont 270-1200

Shelter 657-7409 extension 808#

Drop in hours are Mon, Wed, and Thurs from 10:00 am to 1:00 pm.

Offers linkages to supportive services and housing options.

Food

Centerville Free Dining Room at

Centerville Presbyterian Church

4360 Central Ave., Fremont, 793-9063

Hot, nutritional free meals served Tues and Thurs 4:00-6:00 p.m. by community volunteers of all ages. Clothes available to those in need. To be served arrive at the dining room between 3:00 and 6:00 Free showers at Centerville Presbyterian Church on Tues and Thurs from 4:00-6:00 pm

Tri-City Free Breakfast Program

Irvington Presbyterian Church

41020 Chapel Way, Fremont, 657-3133

Serves a hot, nutritious breakfast to hungry people Mon-Wed-Fri between 7:00-9:00 a.m.

Tzu Chi Free Sunday Breakfast

Fremont Family Resource Center

39155 Liberty St. Fremont

Serves a hot, nutritious breakfast to hungry people Sundays between 7:00-8:00 a.m.

Tri City Volunteers

37350 Joseph St., Fremont 793-4583

Provides emergency food and clothing.

Food distribution:

Monday - Thurs. (no Friday) 10:00 a.m. - 4:00 p.m.

Thrift Shop:

Monday - Thurs. 8:30 a.m. to 3:00 p.m.

Friday 8:30 - 3:00 p.m.

Salvation Army

36700 Newark Blvd., Newark, 793-6319

Provides food baskets, shelter referral, drug and alcohol rehab centers and PG & E assistance. Vouchers for use at their thrift stores are made available as budget allows. Call Mon-Fri, 9:00-12:00 or 1:00-4:00. Food baskets are distributed Tues & Thru, 9:00 a.m.-11:00 a.m.

Centro de Servicios - Union City

525 H Street, Union City 510-489-4100

Monday thru Friday 9a.m. - 12 and 1pm to 5 pm

Provides food distribution, Thrift Store, immigration services, Translation Services, legal Aid and job placement assistance.

Viola Blythe Center - Newark.

37365 Ash Street, Newark 510-739-0343

Monday and Wednesday 12 - 4 pm

Tuesday and Thursday 9 am - 1 pm

Provides food distribution, baby food, formula, and clothing

Salaam Food Pantry. 415-860-2409

4039 Irvington Ave.

Nov./Dec - 3rd Saturday of month 10 AM - 1 PM

Jan-October - 4th Saturday of month 10AM - 1 PM

Provides non-perishable food distribution

Shelter

Sunrise Village (ABODE Services)

252-0910

Emergency and transitional shelter for individuals and families with children. Job counseling, support groups and other services. Waiting list for families. Must agree to shelter policies. Length of stay is evaluated weekly up to 90 days. Office hours 9-5 daily.

Second Chance

6330 Thornton Ave., Newark, 792-4357

Emergency shelter for individuals and families. Maximum stay is 2 weeks for individuals, 3 weeks for families. Drug and alcohol programs available. Four centers located in Newark, Fremont, Union City and Hayward. No fee except for drug diversion or DUI programs. Call 24 hour phone line, 792-help.

CAREavan Program

Union City Kids Zone - Family Resource Center

725 Whipple Road., Union City, CA

510-476-2770 8:00 a.m. - 6:00 p.m.

Safe overnight parking for families who have a child enrolled in New Haven Unified School District.. Participants must register with Kids Zone.

Fremont Warming Center for the Homeless

Fremont Senior Center

40086 Paseo Padre Pkwy., Fremont

574-2222—Hotline

The Warming Center is open if it is raining or below 40 degrees, check in is at 6:30 pm, and you need to be out by 7 am. Sleeping bags, cots and pillows are provided. Dinner and breakfast are served. Shower available. Call to see if center is open. (Nov. 15 - March 15)

Showers In Fremont

Tuesday and Thursday - 4 p.m. to 6 p.m.

Centerville Presbyterian Church
4360 Central Ave.

For those 55 and over

Fremont Senior Center - 9 a.m. 3 p.m.
40086 Paseo Padre Parkway

Veterans Services

Veteran Services

Fremont 795-2686, Oakland 577-3547

Support Services for Veteran's Family Project

HOTLINE: 510-903-1200

Veteran Assistance, benefit counseling. US Department of Veteran's Affairs Counseling 800-827-1000.

For more information about services for homeless Vets contact: Operation Vets Home (510) 372-0777 and also call: Christian.leicham@ebcrp.org, outreach worker for Operations Vets Home East Bay Community Recovery Project. For more local assistance related to housing (VASH Voucher, which are housing subsidies for Vets) contact: Kathleen.Butler@va.gov, HUD Vash Supervisor working out of Livermore. Colin.kalahar@va.gov is the Case Worker for Vash Vouchers working out of Palo Alto. Both of the above serve VETS in the Tri City (Fremont, Newark, and Union City) area. Administrative offices for Vet Services for the Tri-City area located in Palo Alto.

Health Services

Tri City Health Center - Fremont

510-770-8040

39500 Liberty St., Primary Care / Vision Care

2299 Mowry Ave., #3B Pediatrics

1999 Mowry Ave., # A,D,F,N - Primary Care

40910 Fremont Blvd - Dental / Primary Care

3607 Main Street Suite B - Primary Care

Provides immunizations, health screening, family planning services and primary health care with MediCal accepted. Limited appointments available for clients unable to pay on a sliding scale. Call during clinic hours,

Monday - Thursday 8 am - 7 pm

Friday and Saturday 8 am - 5pm

DENTAL CLINIC LOCATED AT 40910 FREMONT BLVD

Alameda County Health Care ACCESS

1-800-491-9099

Referral to mental health services for Alameda County.

Bay Area Community Services

South County Wellness Center

40963 Grimmer Blvd., Fremont, 656-7742

Day program providing education, socialization and transitional employment for mentally disabled adults in the Tri-Cities area. All clients with a history of mental illness are welcome to apply. Call for information during office hours Mon – Fri 8:30-4:00 p.m.

Domestic Violence

SAVE (Safe Alternatives to Violent Environment)

1900 Mowry Ave. # 201 Fremont, 574-2250

Emergency Housing for battered women and their children in a safe, anonymous location in the Tri City area. Assistance with restraining orders and counseling available on sliding scale. Call 24 hour hotline, 794-6055

NISA (North American Islamic Shelter for the Abused) 1-888-275-6472

Providing emergency shelter referrals for abused women and their children. The phone line is open 7 days a week 24 hours per day.

NARIKA Hotline 800-215-7308

Provides support and referrals to women in abusive situations and understanding the varied lives of South Asian women in the United States

Benefits

Alameda County Social Services

39155 Liberty St.,

Suite C330 Fremont, 795-2428

General Assistance (GA) Food Stamps, Cal Works and MediCal Assistance for families.

Social Security

3100 Mowry Ave., Fremont, 800-772-1213

Disability Benefit, Social Security Disability, SDI insurance, and SSI Supplemented Security Income.