

LUNCH
 Monday — Friday
 Served at 12 PM
 Member: \$5
 Non Member: \$7
 All ages welcome!

Lake Side Café
FEBRUARY

TICKETS SOLD
 FIRST-COME,
 FIRST SERVED
 NO REFUNDS,
 NO EXCHANGES

40086 Paseo Padre Pkwy, Fremont, CA 94538. Menu Hotline: 510.790.6610

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Tomato, Herb and Garlic Chicken Breast, Pearl Couscous, Roasted Cumin Cauliflower, Green Salad and Bread	4 Ground Turkey Meatloaf, Mashed Potatoes, Brown Gravy, Broccoli and Carrots, Tossed Green Salad and a Roll	5 Kalua Pulled Pork with Huli Huli Sauce, Jasmine Rice, Hawaiian Mac Salad, Green Beans and Hawaiian Soft Rolls	6 Ground Beef Shepherd's Pie with Feta Cheese, Roasted Vegetables, Spring Mix Salad and Honey Chive Biscuit	7 Lobster and Shrimp Ravioli Pasta with Red Pepper Cream Sauce, Roasted Vegetables, Caesar Salad and Garlic Bread
10 Apricot Leek Chicken Breast, Roasted Garlic Mashed Potatoes, Broccoli and Red Bell Peppers, Salad and Bread	11 Tex Mex Carnitas, Spanish Rice, Pinto Beans, Sour Cream, Salsa, Lettuce, Guacamole, Cilantro Lime Slaw and Flour Tortillas	12 Soup and Salad Basil Tomato Soup, Grilled Chicken Breast, Olives, Cheese, Peppers, Tomato, Garbanzo Beans, Lettuce and Focaccia Bread	13 Grilled Flank Steak with Cilantro Lime Sauce, Roasted Red Potatoes, Sweet Corn and Pepper Soufflé, Spinach Salad and Bread	14 Valentines Day \$6/\$8 Pan Seared Salmon with Meyer Lemon Cream Sauce, Garlic Butter Green Beans, Wild Rice, Salad, Roll and Strawberry Cream Cake
17 Closed in Observance of Presidents' Day 	18 Coconut Crusted Tilapia with Ginger Soy Apricot Sauce, Rice Pilaf, Garlic Green Beans, Tropical Slaw and a Roll	19 Minestrone Soup, Beef Meatballs and Spaghetti, Roasted Vegetables, Caesar Salad and Garlic Bread	20 BBQ Chicken Teriyaki, Stir Fried Rice Noodle, Soy Glazed Vegetables, Pork Egg Roll, Cucumber Salad and Fortune Cookie	21 Turkey and Baby Spinach Lasagna, Roasted Zucchini and Yellow Squash, Caesar Salad and Garlic Bread
24 Lemon Yogurt Roasted Chicken, Pearl Couscous, Cumin Roasted Carrots, Cucumber Salad and Flatbread	25 Pork Chile Verde Stew, Spanish Rice, Corn and Red Pepper Casserole, Sour Cream, Guacamole, Salad and Tortilla	26 Black History Month \$6/\$8 Cornmeal Crusted Catfish, Garlic Butter Shrimp, Black Eyed Peas, Ham Collard Greens, Cheddar Cayenne Cornbread	27 Sizzling Asian Beef, Jasmine Rice, Soy Ginger Bok Choy, Vegetarian Egg Roll, Broccoli Slaw and Bread	28 Garlic and Herb Roasted Chicken, Mushroom Gravy, Creamy Polenta, Cauliflower, Arugula Salad, House Baked Focaccia
BREAKFAST: 8.00am to 9.30am, Monday—Friday \$4 Members \$5 Non-Members			PLEASE NOTE: Pre-orders will be available: Wed, 1/22 — Fri, 2/7 Starting: Mon, 2/10, tickets may be purchased for 3 days at a time.	
			FROZEN MEALS: When Available: M, T, Th, F: 9.30 — 10.30am 1.00 — 2.00pm 2/\$5 — Regular Meals 2/\$7 — Special Meals	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS.

- To Go's must be called in by 11.00am — **Senior Center Members Only — One Meal Per Member — PICK-UPS begin at 12.30pm**
- Special dietary requests (i.e. vegetarian) are available M—F. They must be called into the Chef by 10.30am.
- We accept cash, checks and major credit cards
- Taking food home with you is done at your own risk. Please be sure to eat within 30 min. or refrigerate.