



Bike Smart!



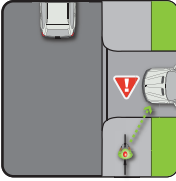
Wear a Helmet. It's the law. Helmets should fit snugly, sit level on your head, and always be buckled firmly under your chin.

Ride with Traffic. Ride on the right, in the same direction of traffic. Follow all signs and signals.



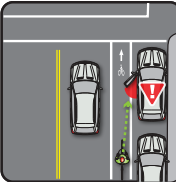
Share the Path. Pass walkers carefully on paths. Ring your bell or call "on your left" before passing.

Lock Your Bike. Always lock your bike frame and front wheel to the bike rack to prevent theft.



Make Eye Contact. Don't assume that drivers see you, especially when entering or crossing a street. Make eye contact before you cross, even if it is your turn.

Be Alert. If biking on the street, watch for opening car doors and cars turning across your path.



Be Visible. Ride where cars can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.

Be Predictable. Ride in a straight line and always signal your moves to others.

Bikeway Classifications



Class I Path - Off-street path for bicycles and pedestrians

Class II Bike Lane - On-street bikeway separated from vehicles by lane striping

Class III Bike Route - On-street bikeway shared with vehicles, typically designated by bike route signs and sharrow markings (see image to the left)

Class IV Separated Bikeway - On-street bikeway physically separated from vehicles by curbs or other buffers.



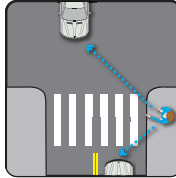
Walk Smart!



CHECK BOTH DIRECTIONS

Look Before You Cross. Look left, right, and left again before crossing a street or look over your shoulder for turning cars, especially at intersections.

Make Eye Contact. Don't assume that drivers see you. Make eye contact before you cross the street.



Use the Cross walk. Cross at corners or at a marked crosswalk. This is where drivers expect to see you.

Follow the Rules. Follow directions from crossing guards.



Be Visible. Walk where cars and bikes can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.

How Were These Recommended Routes Chosen?

The suggested routes shown on this map identify streets most suitable for walking and biking to school. Some of these routes may be slightly longer than the most direct route, but they provide bicycle and pedestrian facilities, and less vehicle traffic, making it safer to students walking and biking.

Safe Routes to Schools Program

Schools in Fremont participate in the Alameda County Safe Routes to Schools program and are eligible to receive many free activities through the countywide program. More information is available at alamedacountysr2s.org.



WALK & ROLL TO SCHOOL



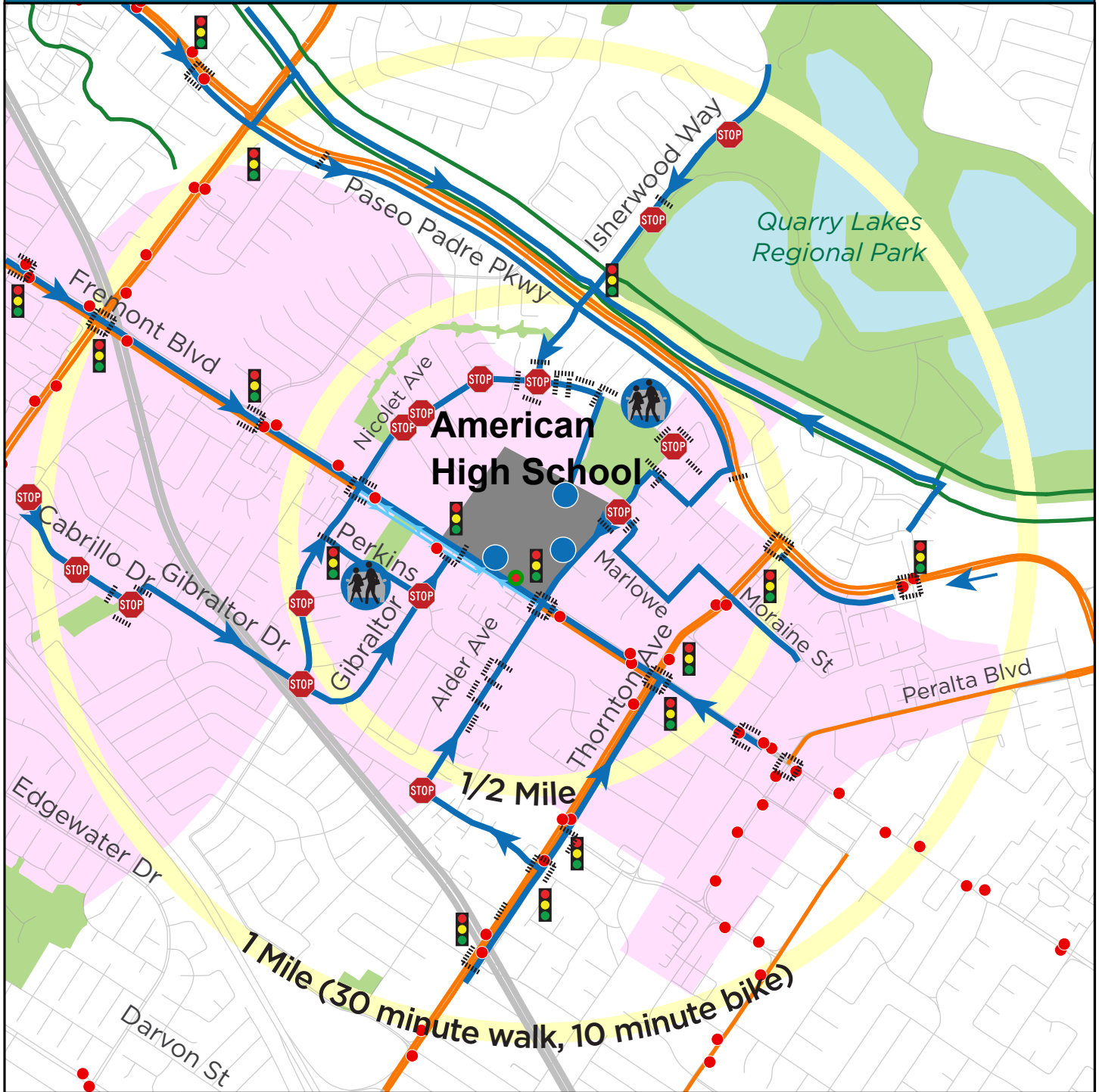
Recommended Routes

American High School

36300 Fremont Boulevard
Fremont, CA 94536

American High School

Recommended Routes to Walk & Bike to School



- Suggested Route
- School Access Point
- Bus Stop ● Stop Platform
- Class I Shared-Used Path
- Class II Bike Lane
- Class IV Separated Bikeway
- Park and Walk
- Crosswalk
- Traffic Light
- All Way Stop
- Enrollment Boundary

This Recommended Routes to Walk & Bike to School map provides you with information to improve your choices as you walk, ride your bicycle, carpool, or bus to school. We cannot guarantee the safety of the suggested routes; parents are encouraged to inspect the routes on their own to ensure that the routes are as safe as possible.

Park and Walk sites are areas where parents can either park and walk with their child to school or drop their child off to walk to school. Parking or dropping off a few blocks from school helps to relieve traffic congestion and provides an opportunity to get some exercise in the morning!