



# WHAT YOU NEED TO KNOW To Prepare for Camp....



## **EMERGENCY FORM**

In order to reduce physical contact, this form was a required part of the online registration process. If you should have any updates to your emergency information, please inform staff immediately.



## **ALLERGIES AND OTHER INFORMATION**

Understanding a child's background and special needs helps staff provide the best program experience for all participants, including your child. If you didn't list these at check out, please inform staff immediately.



## **SUNSCREEN**

Don't forget to bring sunscreen and apply it to your child before coming to camp! It is the responsibility of the parent/guardian to provide sunscreen every day of camp. Our staff will remind campers to reapply sunscreen throughout the day as needed. If needed, our staff will assist campers in the application of spray-on sunscreen.



# WHAT YOU NEED TO KNOW To Prepare for Camp....



## LUNCHES AND SNACKS

Campers must bring a lunch, two snacks and water bottle if enrolled in a full-day camp. Please bring food that does not require refrigeration or warming. Staff recommends storing items in a backpack labeled with camper's name that will then be stored in a clear bag provided by camp staff. If lunch is provided as part of your camp, please disregard bringing lunch. However, you still may need to provide snack and water.



## WHAT TO WEAR

Campers must wear closed-toed shoes and comfortable clothing daily; sun shirts, shorts, and hats are recommended for hot sunny days. On swim or water days, flip-flops or sandals may be packed and worn only at the pool or during water play.

## ELECTRONIC DEVICES

Electronic devices are not allowed at camp. The City is not responsible for lost or stolen items.



## LOST AND FOUND

The City is not responsible for lost items. Please be sure to make sure your child has all items at pick up.

## REGISTRATION INFORMATION

Registration is available online at [www.RegeRec.com](http://www.RegeRec.com). For questions, staff is available by email and phone. Contact the registration desk at [RegeRec@fremont.gov](mailto:RegeRec@fremont.gov) or call (510) 494-4300. Office hours are Monday-Friday 8:30am-5:00pm.