

COMMUNITY DROP-IN SERVICES

Updated 10/21/2024

Schedule while
CleanStart is out of
service




MEALS | SHOWERS | HOUSING | SAFE PARKING

Need Info or Help?
Call 510-574-2222



MONDAY

7:00a.m. - 9:00a.m.


Breakfast To-Go 
Irvington Presbyterian
4181 Irvington Ave

8:30a.m. - 12:30p.m.



Drop-In Housing Resource Ctr. 
Abode Services
4075 Papazian Way

THURSDAY

10:00a.m. - 12:00p.m. and
1:00p.m. - 3:00p.m.

Drop-In Housing Resource Ctr. 
39155 Liberty Street
[Millenium Room]

4:00p.m. - 5:45p.m.

Dinner To-Go 
Showers 
Centerville Presbyterian
4360 Central Ave


SATURDAY

10:00a.m. - 11:00a.m.


Hot Meal 
Holy Spirit
37588 Fremont Blvd

TUESDAY

8:30a.m. - 12:30p.m.


Drop-In Housing Resource Ctr. 
Abode Services
4075 Papazian Way

4:00p.m. - 5:45p.m.

Dinner To-Go 
Showers 
Centerville Presbyterian
4360 Central Ave

FRIDAY

7:00a.m. - 9:00a.m.


Breakfast To-Go 
Irvington Presbyterian
4181 Irvington Ave

4:00p.m. - 7:00p.m.

Dinner To-Go 
Our Lady of the Rosary
703 C Street, Union City


SUNDAY

8:00a.m. - 9:00a.m.



Sunday Breakfast 
Tzu Chi Foundation
Fremont Family Resource Center
Parking Lot,
39155 Liberty Street


WEDNESDAY

7:30a.m. - 9:00a.m.

Breakfast To-Go 
Irvington Presbyterian
4181 Irvington Ave

ADDITIONAL SERVICES


BACS Wellness Center
40965 Grimmer Blvd.  
510-657-7425 to reserve shower,
Lunch To-Go
Mon - Fri 8:00a.m. - 4:30p.m.
Sat - Sun 9:00a.m. - 4:00p.m.

Safe Parking for people 
living in their vehicles
510-574-2222 or
safeparking@fremont.gov
Registration required.

WEEKDAYS

MONDAY - FRIDAY

8:30a.m. - 3:30p.m.

Showers for adults 55+ 

The Age Well Center
at Lake Elizabeth
40086 Paseo Padre Pkwy
and

The Age Well Center
at South Fremont 47111 Mission
Falls Court

General Assistance

- **211 Eden Information and Resource:** Call 888-886-9660 to be connected to local housing resource centers and other social services
 - **Bay Area Community Services [BACS] Wellness Center:** 40965 Grimmer Blvd Fremont; 510-657-7425 [Dignity Services, employment and housing support]
 - **City of Fremont Human Services Department:** 3300 Capitol Ave, Building B 510-574-2050
 - **Aging and Family Services:** 510-574-2041
 - **Ride-On Tri-City:** Mobility Resources for seniors and people with disabilities. 510-574-2053
 - **Fremont Family Resource Center [FRC]:** 39155 Liberty St., 510-574-2000: [One Stop] Welcoming Center
 - **Youth and Family Services: [FRC]:** 510-574-2100
 - **Compassion Network [FRC]:** Ste. H840 510-796-7378 [Connecting volunteers with people in need]
 - **Alameda County Social Services [FRC]:** Ste. C330 510-795-2428 [GA, CalFresh, CalWORKs] mybenefitscalwin.org
 - **EDD/America's Job Center [FRC]:** Ste. B200 510-794-3669
 - **Women, Infants and Children [FRC]:** Ste D430 510-795-2457, appt. only
 - **Tri-City Community Support Center [FRC]:** Ste. G710 510-795-2434
 - **Social Security Administration:** 3100 Mowry Ave., Fremont 800-772-1213
- ## Shelter Services
- **Fremont Safe Parking Program:** 510-574-2222
 - **CAREavan Program:** Union City 510-675-5482
 - **Safe Parking Program:** Alameda County 510-593-4660

Shelter Services [cont.]

- **Fremont Winter Relief Program:** [Operates Dec - April] 510-574-2222 for updates
- **San Jose Homefirst Helpline:** 408-510-7600
- **South County Housing Resource Centers:** [see over for schedule]
 - **Abode Services:** Unsheltered Adults: 510-330-5822
 - **City of Fremont Unsheltered Families:** 510-574-2000

Showers/Laundry Services

- **City of Fremont Clean Start** [currently out of service]
- **BACS Welcome Center** 40965 Grimmer Blvd., Fremont: Laundry Services Mon - Wed and Fri: 8:30am - 2:30pm Thurs: 8:30am - 1:30pm Showers: Mon - Fri 8:30am - 3:30pm. First come-First Served
- **Age Well Centers [Showers only]:** Mon - Fri 8:30am - 3:30pm
- **Lake Elizabeth:** 40086 Paseo Padre Pkwy, 510-790-6600 [adults 55+]
- **South Fremont:** 47111 Mission Falls Ct, 510-742-7540 [adults 55+]

Food Distribution/Meals

- **Compassion Network Soup Talk Lunch for the Homeless:** 39155 Liberty St., Suite H840 Thurs: 11:30am - 12:30pm or until all food is distributed
- **Centro de Servicios:** 525 H St., Union City, 510-489-4100
- **League of Volunteers [LOV]:** 8440 Central Ave Ste A&B, Newark 510-793-5683
- **Tri-City Volunteers [TCV]:** Mon - Thurs 10:00am - 2:00pm, Registered Disabled: Fri 10:00am - 11:30am
 - 1st and 3rd Weds at FRC: 10:30 - 11:30am
- **Newark Salvation Army:** 36700 Newark Blvd, 3rd Fri of every month from 1:00pm - 3:00pm

Prevention Services

- **SparkPoint [FRC]:** [Financial Coaching & Education, Tax Prep Assistance, etc.] 510-574-2020
- **Fremont Fair Housing and Landlord/Tenant Services:** 510-574-2270
- **Legal Assistance for Seniors:** Mon - Fri 8:00am - 5:00pm 510-832-3040
- **Bay Area Legal Aid:** Legal Advice Line 800-551-5554
- **Low Income Home Energy Assistance Program:** 510-881-0300
- **PG&E Payment Assistance:** 800-743-5000
- **Spectrum Utility Assistance:** 510-881-0300

Veteran Services

- **VA Customer Service line:** 800-827-1000
- **Homeless Veteran hotline:** 877-424-3838
- **Operation Dignity:** 800-686-9036 or 510-287-8465
- **Fremont VA Clinic:** 39199 Liberty St. 510-791-4000 Mon - Fri 8:00am - 4:30pm

Health and Mental Services

- **Bay Area Community Health [BACH]:** 39500 Liberty St., Fremont 510-770-8040 [Mon - Thurs 8:00am - 7:00pm, Fri - Sat 8:00am - 5:00pm]
- **Tiburcio Vasquez Health Clinic:** 33255 9th St., Union City 510-471-5907 [Mon - Fri 8:00am - 5:00pm]
- **Community Health Education- [Tiburcio Vasquez]:** 3845 Beacon Ave Suite #A, Fremont 510-471-5913 [Mon - Thurs 8:00am - 5:00pm]

Health and Mental Services [cont.]

- **Newark Health Center:** 6066 Civic Terrace Ave, Newark 510-505-1600 [Mon - Fri 8:15am - 5:00pm]
- **Alameda County ACCESS:** 800-491-9099 510-869-7200 [Mandarin/Cantonese/Vietnamese]
- **Union City Outpatient Services:** 510-474-7414

Rehabilitation And Recovery

- **Substance Use Treatment Referral Helpline:** 844-682-7215
- **National Helpline:** 800-662-HELP [4357]
- **Second Chance:** 6330 Thornton Ave., Newark 510-792-4357 [Outpatient and Intensive Outpatient Treatment]
- **Solidarity Fellowship Inc. Alameda House:** 510-796-7120 [Residential Substance Use Treatment Program]
- **Cherry Hill Detox:** 2035 Fairmont Dr., San Leandro acetox@hsimail.org 24/7 support: 866-866-7496

Domestic Violence/Abuse Survivor

- **SAVE:** Hotline 510-794-6055.
- **NARIKA:** Hotline 800-215-7308
- **National Domestic Violence Hotline:** 800-799-7233
- **MRT-Mobile Response Team** 510-757-5123
- **Building Futures DV Services:** 510-357-0205 ext. 207. Spanish 510-357-0205 ext. 224
- **Ruby's Place:** 24-hour hotline 888-339-7233

Crisis and Emotional Support

- **National Crisis Hotline:** 9-8-8
- **Crisis Support Services Alameda County:** 800-309-2131
- **Text Line:** text "SAFE" to 20121
- **CalHOPE Peer-Run Warm Line:** 833-317-4673
- **Trevor Lifeline [LGBTQ+ support]:** 866-488-7386