# **Minutes**

# FREMONT SENIOR CITIZENS COMMISSION

#### **REGULAR MEETING**

Friday, January 16, 2015 9:00 – 11:00 am Fremont Senior Center – Wing A 40086 Paseo Padre Parkway Fremont CA 94538

### **Please Note Time Change**

### 1. CALL TO ORDER

Commissioner Churchill, Chair; called the meeting to order at 9:30 am following breakfast.

#### 2. ROLL CALL

Present: Commissioners Berndl, Churchill, Desai, Hobbs, Helton, Kimberlin,

Rhodes-Jones, Vaidya, Yamasaki **Absent:** Commissioner Creveling

Excused: Commissioners Mirchandani, Thomas & Walsh

Visitors: Commissioners from Newark & Union City

All the commissioners from Fremont, Newark & Union City introduced themselves.

# 3. SALUTE TO THE FLAG

The salute to the flag was led by Commissioner Churchill

- 4. APPROVAL OF MINUTES of the Regular Meeting of November 21, 2014
  - Commissioner Rhodes-Jones moved that the minutes be accepted as presented. Commissioner Helton seconded the motion.

• Commissioners Hobbs & Kimberlin abstained because they were not at the November 21, 2014 meeting.

M/S/P

### 5. ORAL COMMUNICATIONS

None

#### 6. WRITTEN COMMUNICATIONS

- A letter written by a Fremont resident concerning water costs was handed out to all of the commissioners.
- The resident has been invited to attend the February 27, 2015 meeting so the commission can address his concerns.

#### 7. OLD BUSINESS

None

#### 8. NEW BUSINESS

#### 8.1 WELCOME NEWARK AND UNION CITY COMMISSIONERS –

Commissioner Churchill, Chair

• Commissioner Churchill, Chair welcomed the visiting commissioners from Union City and Newark.

# **8.2 PATHWAYS TO POSITIVE AGING** – Dr. Ray Grimm

Asha Chandra

Human Services, Aging and Family Services

- Dr. Ray Grimm and Asha Chandra introduced themselves and gave the commissioners the background of the Robert Wood Johnson Foundation Grant as well as how Tri-City Pathways to Positive Aging was developed.
- The 6 goals for Pathways to Positive Aging were shared.
- Asha gave some background on the development the CAPS program.
- Suzanne Shenfil, Director of City of Fremont Human Services, explained in more detail about the Tri-City elder Coalition as well as sharing information about the "Shared Housing" program that is being looked at as an alternative to the existing Senior/Low-Income Housing.

### **8.3 TRANSPORTATION AND MOBILITY UPDATE** – Shawn Fong

#### ParaTransit Manager

- Shawn talked about the ParaTransit programs that exist in the Tri-City Area.
- Information was shared on Measure B & BB funding.
- Shawn reviewed the "menu of transportation services" that exists due to grant funding.

#### 8.4 PRESENTATIONS FROM THE COMMISSIONS

Commissioner Churchill, Chair

- Each of the commissions discussed what is going well in their communities and some of the issues they have.
- All the commissions agreed that information needs to go both ways from seniors in the communities to the commissions and from the commissions out to the community.
- It was agreed that they would like to continue staying in communication with each other.
- During this time, Karen Grimsich, Administrator of City of Fremont Aging and Family Services, shared that Commissioner Desai has been appointed to serve on the County Commission on Aging.

## 9. COMMISSION REPORTS

**No Commission Reports** 

### 10. COMMISSION REFERRALS

None

### 11.STAFF REPORTS

No Staff Reports

# <u>Adjournment</u>

There being no further business, the meeting was adjourned at 11:10 am

Respectfully submitted by Lynn R Hood, Recording Secretary