

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, January 15, 2016

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. CALL TO ORDER

- Commissioner Churchill called the meeting to order at 9:30 am.
- Commissioner Churchill welcomed the Senior Center Manager, Aisha Jasper.

2. ROLL CALL

Present: Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh

Absent: Commissioners Rhodes-Jones, Vaidya, Wasserman

Excused: Commissioners Miller, Yamasaki

3. SALUTE TO THE FLAG

The salute to the flag was led by Commissioner Hobbs.

4. APPROVAL OF MINUTES of the Regular Meeting of November 20, 2015

- Commissioner Hobbs moved that the minutes from the November 20, 2015 meeting be accepted as presented. Commissioner Mirchandani seconded the motion.

M/S/P

Yays – Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh.

Nays - None

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

- Senior Citizens Commission Appointments – Not available at this time
- Senior Citizens Commission Roster (Confidential) – Not available at this time
- Fremont Municipal Code Section 2.20.030 Regulations for subject bodies
 - Lynn Hood, Recording Secretary; reviewed attendance policy and Brown Act

7. OLD BUSINESS

None

8. NEW BUSINESS

8.1 Senior Commission Elections – Denise Churchill, SCC Chair

- Commissioner Churchill opened up nominations for Chair of the Commission for 2016.
 - Commissioner Mirchandani nominated Commissioner Churchill. Commissioner Hobbs seconded the motion.
 - Commissioner Churchill accepted the nomination
 - Commissioner Churchill calls for the vote.
 - **Yay**- Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh. No Nays. M/S/P
- Commissioner Churchill opened up nominations for Vice-Chair of the Commissioner for 2016.
 - Commissioner Churchill nominated Commissioner Desai. No second.
 - Commissioner Desai nominated Commissioner Hobbs. Commissioner Narashimhan seconded the motion.
 - Commissioner Hobbs accepted the nomination.
 - Commissioner Churchill called for the vote
 - **Yay** - Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh. No Nays. M/S/P

8.2 Approval of Commission Meeting Calendar from January 2016 through December 2016 - Denise Churchill, SCC Chair

- Commissioner Hobbs made a motion that the meeting calendar for 2016 be accepted as presented. Commissioner Desai seconded the motion.
 - **Yays** - Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh. No Nays M/S/P
- Commissioner Walsh made a motion that we add the month of July (July 16, 2106) to the Commission Meeting Calendar 2016. Commissioner Helton seconded the motion.
 - **Yays** - Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh. No Nays M/S/P
- Commissioner Desai made a motion to accept the meeting calendar with the addition of July 15, 2016. Commissioner Narasimhan seconded the motion.
 - **Yays** - Commissioners Churchill, Desai, Helton, Hobbs, Mirchandani, Narasimhan & Walsh. No Nays M/S/P

8.3 Crab Feed – Denise Churchill, SCC Chair

- Commissioner Churchill shared that the SCC will be donating a raffle basket for the Senior Center Crab Feed. She also volunteered to create the basket. An envelope was passed around to collect donations from the commissioners that will be used to make the basket.

8.4 HIP Housing – Laura Moya, HIP Housing

- Laura Moya introduced herself to the Senior Commissioners.
- Laura informed the commissioners that she is an employee of HIP Housing and is providing services to create a Shared Housing program in Fremont. She described HIP Housing history and details about the criteria, requirements, process, etc. to enter into a shared housing arrangement.
- Laura provided a PowerPoint Presentation to help explain the program.
- After doing the presentation, Laura opened up the floor for questions from the commissioners.

8.5 Parc 55 Senior Housing Development– Suzanne Shenfil, Human Services Director

- Suzanne Shenfil presented an overview of the Parc 55 Development, a

- proposed housing development in the Warm Springs area. The project will provide almost 500 housing units for older adults. Some of the housing will be for low-income seniors. A senior center is also being proposed on the property.
- A PowerPoint was used to show the commissioners current details of the development (i.e., location, layout, etc.).

9. COMMISSION REPORTS

9.1 Area on Aging – Commissioner Desai

No Report

9.2 Health Issues – Commissioners Churchill & Helton

- Commissioner Helton shared a number of different health issues and what research is showing around each one.
- Commissioner Helton shared information about the Senior Peer Counselor program and that they are getting ready to start the training for 2016 (March 22).
- **Senior Legislation** – Commissioners Desai, Miller & Narasimhan

No Report

9.3 Paratransit – Commissioners Rhodes-Jones & Yamasaki

No Report

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging and Family Services – Karen Grimsich, Administrator AFS

- Karen shared that Wing A at the Senior Center is being used again this year for a warming center.
- Suzanne Shenfil gave some more detailed background on the warming center (when it is open, what organizations support the program, how many paid staff, hotline number, etc.)
- Suzanne also shared information on what happens when the center is open (i.e the meals are provided by churches, process once the center doors open, etc.)
- Q & A

11.2 Senior Center – Aisha Jasper, Senior Center

- Shared information on upcoming events and lunches
- New Line Dancing Class (4:30 – 5:30 pm)
- AARP for February is full

A member of the audience, Sally Morgan, introduced herself and said she is interested in the concept of Aging in Place and how to help older adults.

12. COMMISSION COMMENTS

The items below were brought up by the Commissioners as items they would like to see on the February agenda.

- Continue Coordinated Efforts with Newark/UC Commission
- Tour Dominican Sisters
- Wednesday Visibility (card)

There being no further business, the meeting was adjourned at 11:20 am.

Respectfully submitted by Lynn R Hood, Recording Secretary.