### **Minutes**

### FREMONT SENIOR CITIZENS COMMISSION

#### **REGULAR MEETING**

Friday, July 21, 2017 9:30 – 11:00 am City of Fremont Senior Center, Wing A 40086 Paseo Padre Pkwy Fremont, CA 94538

### 1. CALL TO ORDER

Commissioner Desai called the meeting to order at 9:35 am

### 2. ROLL CALL

Present: Commissioners Desai, Helton, Hoyne, Krishna, Rhodes, Schneider,

Wasserman, Walsh, Yamasaki and Young **Absent:** Commissioners Churchill & Hamze

Excused: none

### 3. SALUTE TO THE FLAG

The Commissioners and staff said the Pledge of Allegiance.

**4.** <u>APPROVAL OF MINUTES</u> of the Regular Meeting of June 16, 2017 It was moved and seconded that the minutes from the June 16, 2017 meeting be accepted as presented.

Yays: Commissioners Desai, Helton, Hoyne, Krishan, Rhodes, Schneider,

Walsh, Wasserman, Yamasaki and Young

Nays: None Abstain: None

### 5. ORAL COMMUNICATIONS

• Commissioner Ashok reminded the commissioners to arrange for set-up of equipment ahead of time.

• Commissioner Desai stated that it would be great to have more commissioners participate in community events (i.e. 4<sup>th</sup> of July Parade).

### 6. WRITTEN COMMUNICATIONS

None

### 7. OLD BUSINESS

**7.1** None

### 8. NEW BUSINESS

# 8.1 Advocacy Update Kweli Kitwana, Senior Services Coalition of Alameda County

- Kweli Kitwana introduced herself and gave a brief overview of what Senior Services Coalition of Alameda County does.
- She explained why the #IRelyOnCampaign was started and what they are hoping the public can do to "Make It Real" for the Federal Representatives.
- Q & A was followed by discussion
- Karen Grimsich also shared that the Senior Services Coalition provide a good online newsletter and is free to subscribe.

Handouts: 1. Older Adults Need More Than Healthcare to stay Healthy

2. #IRelyOnCampaign

### 9. COMMISSION REPORTS

# 9.1 Health Issues and Senior Safety – Commissioner Hoyne

• Commissioner Hoyne gave a PowerPoint presentation on Health Issues that focused on the impact of isolation on older adults' health status.

# **9.2** Marketing Outreach – Commissioners Churchill and Schneider No report this month

# 9.3 Senior Legislation – Commissioner Desai

• Commissioner Desai gave a brief report on bills that are active right now.

# 9.4 Planning Commission Committee – Commissioner Yamasaki and Schneider.

• Commissioner Yamasaki shared information from the Planning handout (public hearing item)

Handout: Planning Commission Meeting Notes

### 10. <u>COMMISSION REFERRALS</u>

None

### 11. STAFF REPORTS

11.1 Karen Grimsich, Aging and Family Services, Administrator

- Karen introduced:
  - Nita Prasad AFS, Clinical Supervisor oversees the case management program, where social workers and nurses provide support for older adults in their home.
  - Jackson Hite A management analyst in the City Manager's Office
- Karen requested feedback on possible topics for upcoming meetings.
  - o September
  - October Brown Act Training & Human Relations Commission Visit
  - November
  - o February Training for Ombudsman
  - Commissioners Rhodes will pursue a joint meeting with Union City (in Union City) possibly in January.

# 11.2 Aisha Jasper, Senior Center Manager

- Aisha gave a report of the Facility Subcommittee meeting.
- It was shared that the September newsletter and calendar will have a new look.
- Aisha shared upcoming activities and presentations for the month of August.
- Seniors Night Out is scheduled for September 29.

 Commissioner Young said to send her names/addresses of isolated seniors that can come to SNO

None

# **Adjournment**

There being no further business, the meeting was adjourned at 11:15 am

Respectfully submitted by Lynn Hood, Recording Secretary