

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, February 16, 2018

9:30 – 11:00 am

City of Fremont Senior Center, Wing A

40086 Paseo Padre Pkwy

Fremont, CA 94538

1. CALL TO ORDER

- Commissioner Schneider called the meeting to order at 9:30 am

2. ROLL CALL

Present: Commissioners Churchill, Desai, Hamze, Helmand, Helton, Hoyne, Rhodes-Jones, Schneider & Wasserman,

Absent:

Excused: Commissioners Narasimhan, Yamasaki & Young

3. SALUTE TO THE FLAG

- The salute to the flag was said by all present

4. APPROVAL OF MINUTES of the Regular Meeting of January 19, 2018

- Commissioner Rhodes moved that the minutes from the January 19, 2018 meeting be accepted as presented. Commissioner Hoyne seconded the motion.

M/S/P

Yays: Commissioners Churchill, Desai, Hamze, Helmand, Helton, Hoyne, Rhodes-Jones, Schneider & Wasserman

Nays: None

Abstain: None

5. ORAL COMMUNICATIONS

Commissioner Churchill asked if we could have a plaque made when a Commissioner terms out of office. The commission agreed this was a good idea.

6. WRITTEN COMMUNICATIONS

None

7. OLD BUSINESS

There was a request to have the final language from the Social Service Grant Ad-hoc Committee meeting to determine the use of funds from FY 2016-17.

8. NEW BUSINESS

8.1 Emergency Planning for Older Adults –

Alex Schubek, Emergency Service Manager, Fire Administration

- Mr. Schubek described his role as the City's Emergency Service Manager is to insure emergency plans are in place and the City staff are trained and prepared in the case of an emergency. He then presented a PowerPoint that showed the potential for disasters in Fremont including earthquakes, floods, wildfires and hazardous materials. There are usually 39 Firefighters, 3 ambulances and 7-10 Police officers available at any one time so everybody will need to play a role in handling a disaster. The majority of people who die or are injured in emergencies are older adults and people with disabilities. A personal emergency plan is crucial. Everyone needs to have a plan with a contact outside our area, a meeting point for families, an emergency kit that you can readily grab.

8.2 Approval of Interest Areas for 2018 – Chair, Commissioner Schneider

- The Commission agreed to keep the current committees. There were a few changes to reporting periods and who would be on each committee.

8.3 Planning for Joint Tri-City SCC Meeting – Chair, Commissioner Schneider

- The Commission agreed to host a joint Tri-City Senior Commission at

the next meeting in March. Karen Grimsich will contact the Union City and Newark staff to extend the invitation. The Commissioners recommended that each city share what is going well and a few challenges in their city and that Karen give an overview of Age-Friendly Fremont efforts to date.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety/Prescriptions –

- Commissioner Helton discussed the use of medical marijuana is increasing among older adults, specifically for pain management.

9.2 Senior Legislation –

- Commissioner Desai discussed a bill to cap Medicare reimbursement for physical, occupational and speech therapy at 3,000 hours. There are also new Medicare cards being issued.

9.3 Tri-City Senior Commission Coordination –

- Commissioners Helton and Rhodes-Jones discussed this under old business.

9.4 Planning Commission Committee –

- Commissioner Schneider attended the planning commission.

10.COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging and Family Services

- Karen Grimsich, Administrator AFS, handed out information about a free dental clinic to be held on March 18th for commissioners to share.

12.COMMISSION COMMENTS

None

Adjournment

There being no further business, the meeting was adjourned at 11:10 am.

Respectfully submitted by Lynn R Hood, Recording Secretary