

Agenda

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, March 26, 2021

9:30 – 11:00 am

Pursuant to State of California Executive Order N-29-20 dated March 17, 2020, regarding the COVID-19 pandemic, the Age Well Center at Lake Elizabeth will not be open for the March 26, 2021 meeting of the Senior Citizens Commission. The meeting will be conducted remotely via video/teleconference. The Public may watch and/or participate in the public meeting by joining the meeting through the ZOOM Meeting Videoconference link provided below. The public may also join the meeting by calling the below listed teleconference phone number. Further instructions on how to make public comments throughout the videoconference or teleconference will be provided at FREMONT.GOV/AGEWELLCENTERS.

HOW TO JOIN MAKE A PUBLIC COMMENT ONLINE OR BY PHONE: The meeting will begin at 9:30 a.m. Whether you participate online or by phone, you may wish to "arrive" early so that you can address any technology questions prior to the start of the meeting.

ONLINE: <https://zoom.us/j/97925659881>

When prompted, download and run the software on your computer. If you have not used ZOOM Meetings on your computer before you may want to join the call 15 minutes early to test your configuration. Someone will be in the conference at that time to help you.

BY PHONE: iPhone one-tap : US: +16699009128,,97925659881# or
+13462487799,,97925659881#
OR

Telephone: Dial: +1 669 900 9128 or +1 346 248 7799 or
+1 253 215 8782 or +1 301 715 8592 or
+1 312 626 6799 or +1 646 558 8656

Webinar ID: 979 2565 9881

If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act ("ADA"), please contact the Human Services Department at 510-574-2050 at least 48 hours prior to this meeting for assistance.

For information on current agenda items please contact the Human Services Department at (510) 574-2050.

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1. **CALL TO ORDER**

2. **ROLL CALL**

3. **SALUTE TO THE FLAG**

4. **APPROVAL OF MINUTES** of the Regular Meeting of February 26, 2021

5. **ORAL COMMUNICATIONS**

None

6. **WRITTEN COMMUNICATIONS**

7. **OLD BUSINESS**

7.1 **AGE-FRIENDLY ACTION PLAN – HEALTH AND WELLNESS**

Karen Grimsich, Administrator

BACKGROUND: The City of Fremont belongs to the World Health Organization’s Age-Friendly Network. This worldwide network is organized into age-friendly domain areas, which in Fremont are: Health and Wellness, Outdoor Spaces and Buildings, Transportation, Social Participation and Inclusion, Volunteering and Civic Engagement, Community Information, Employment and Learning Opportunities, Housing and Dementia-related Support. Information from the Fremont community in each domain area has been organized into an Age Friendly Action Plan.

Now that the Age-Friendly Action Plan has been finalized, the Senior Citizens Commission will review one domain each meeting. This month they will be reviewing the *Outdoor Spaces and Buildings*.

RECOMMENDATION: That the commission have the opportunity to review and discuss in more detail the *Outdoor Spaces and Buildings*.

Encl: City of Fremont Age Friendly Action Plan, Page 7

8. NEW BUSINESS

8.1 REVIEW OF BROWN ACT and ATTENDANCE POLICY FOR COMMISSIONS – Bronwen Lacey, Senior Deputy City Attorney

BACKGROUND: The Senior Citizens Commission functions under the “uniform regulations for council-established city boards, commissions and committees”. Part of these regulations are specific for attendance at the commission meetings as well as the use of the Brown Act while serving on the commission.

RECOMMENDATION: That the commissioners have the opportunity to be trained on the Brown Act and understand the Attendance Policy for all city boards, commission and committees. That the commissioners have a question and answer opportunity with Bronwen Lacey around these two regulations.

*Encl: Brown Act, Ordinance No. 2351
PowerPoint Slides from presentation*

8.2 APPOINTMENT OF COMMISSIONER CHAPMAN TO THE ACTION AREAS – Chair, Commissioner Young

BACKGROUND: Commissioner Chapman has requested to be part of the following Action Areas: Health and Wellness, Transportation and Tri-City Elder Coalition.

RECOMMENDATION: That the Chair, Commissioner Young appoint Commissioner Chapman to these areas.

9. COMMISSION REPORTS

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging and Family Services – Karen Grimsich, Administrator AFS

11.2 Senior Center – Aisha Jasper, Senior Center

12. COMMISSION COMMENTS

Adjournment