

BIKE SMART!



Wear a Helmet. It's the law. Helmets should fit snugly, sit level on your head, and always be buckled firmly under your chin.





Make Eye Contact. Don't assume that drivers see you, especially when entering or crossing a street. Make eye contact before you cross, even if it is your turn.

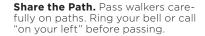


Be Alert. If biking on the street, watch for opening car doors and cars turning across your path.

Be Visible. Ride where cars can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



Be Predictable. Ride in a straight line and always signal your moves to others.





Lock Your Bike. Always lock your bike frame and wheels to the bike rack with a hardened steel U-lock to prevent theft.

Types of Bikeways



Class I Path - Off-street path for people biking and walking



Class II Bike Lane - On-street bikeway separated from vehicles by lane striping



Class III Bike Route - On-street bikeway shared with vehicles, typically designated by bike route signs and sharrow markings



Class IV Separated Bikeway -On-street bikeway physically separated from vehicles by curbs or other buffers



WALK SMART!

Look Before You Cross. Look left,

a street or look over your shoulder

Make Eye Contact. Don't assume

contact before you cross the street.

that drivers see you. Make eye

for turning cars, especially at

intersections.

right, and left again before crossing







Be Visible. Walk where cars and bikes can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



Follow the Rules. Follow directions



The suggested routes shown on this map identify streets most suitable for walking and biking to school. Some of these routes may be slightly longer than the most direct route, but they provide bicycle and pedestrian facilities, and less vehicle traffic, making it safer to students walking and biking.

Safe Routes to Schools Program

Schools in Fremont participate in the Alameda County Safe Routes to Schools program and are eligible to receive many free activities through the countywide program.

More information about the Safe Routes to School Program is available at alamedacountysr2s.org.



WALK & ROLL TO SCHOOL



Recommended Routes

Forest Park Elementary School

34400 Maybird Cir Fremont, CA 94555





RECOMMENDED ROUTES FOR WALKING & BIKING TO SCHOOL



M

Park & Walk



Crossing Guard



Walking School Bus



Bike Parking



All Way Stop

These routes identify streets most suitable for walking and biking to school. Some of these routes may be longer than the most direct route, however, they provide improved facilities and less vehicle traffic, making it safer for students who walk and bike. We cannot guarantee the safety of the suggested routes; parents are encouraged to inspect the routes for safety on their own.

Park and walk sites are areas where parents can park and walk with their child or drop them off for walking to school. Parking or dropping off a few blocks from school helps to relieve traffic congestion and provides an opportunity to get some excercise in the morning!