

BIKE SMART!



Wear a Helmet. It's the law. Helmets should fit snugly, sit level on your head, and always be buckled firmly under your chin.

Ride with Traffic. Ride on the right, in the same direction of traffic. Follow all signs and signals.



Make Eye Contact. Don't assume that drivers see you, especially when entering or crossing a street. Make eye contact before you cross, even if it is your turn.

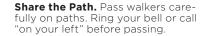


Be Alert. If biking on the street, watch for opening car doors and cars turning across your path.

Be Visible. Ride where cars can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



Be Predictable. Ride in a straight line and always signal your moves to others.





Lock Your Bike. Always lock your bike frame and wheels to the bike rack with a hardened steel U-lock to prevent theft.

Types of Bikeways



Class I Path - Off-street path for people biking and walking



Class II Bike Lane - On-street bikeway separated from vehicles by lane striping



Class III Bike Route - On-street bikeway shared with vehicles, typically designated by bike route signs and sharrow markings



Class IV Separated Bikeway -On-street bikeway physically separated from vehicles by curbs or other buffers



WALK SMART!

Look Before You Cross. Look left,

a street or look over your shoulder

Make Eye Contact. Don't assume

contact before you cross the street.

that drivers see you. Make eye

for turning cars, especially at

intersections.

right, and left again before crossing



Use the Crosswalk. Cross at corners or at a marked crosswalk. This is where drivers expect to see you.



Be Visible. Walk where cars and bikes can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



How Were These Recommended Routes Chosen?

The suggested routes shown on this map identify streets most suitable for walking and biking to school. Some of these routes may be slightly longer than the most direct route, but they provide bicycle and pedestrian facilities, and less vehicle traffic, making it safer to students walking and biking.

Safe Routes to Schools Program

Schools in Fremont participate in the Alameda County Safe Routes to Schools program and are eligible to receive many free activities through the countywide program.

More information about the Safe Routes to School Program is available at **alamedacountysr2s.org** and City of Fremont Bicycle & Pedestrian Program website at **www.fremont.gov.**



WALK & ROLL TO SCHOOL

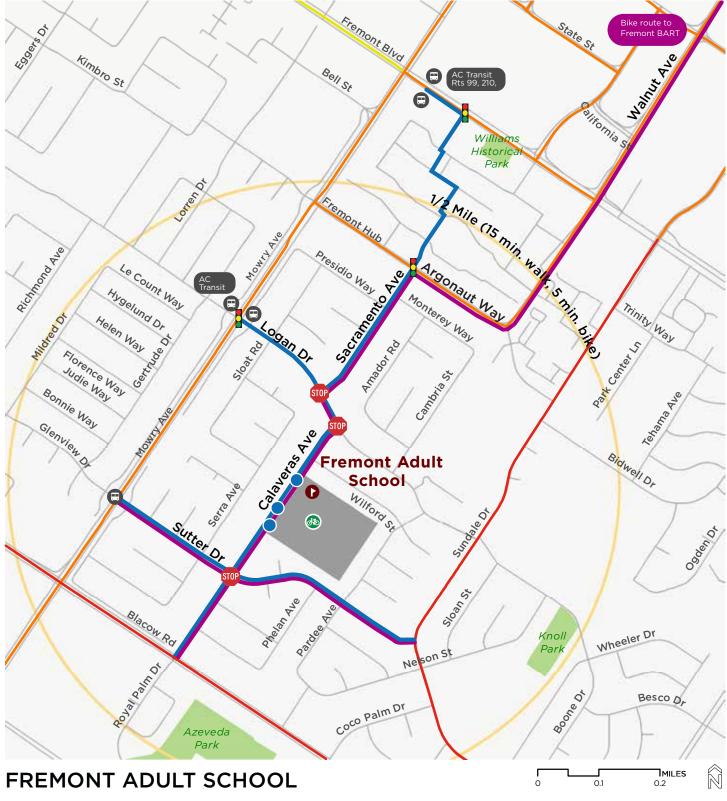


Recommended Routes

Fremont Adult School

4700 Calaveras Ave Fremont, CA 94538





RECOMMENDED ROUTES FOR WALKING & BIKING TO SCHOOL

Signalized Intersection

Biking Route

Walking Route

Bike Lane

Buffered Bike Lane

School Access Point

Transit Bus Stop

Bike Parking

All Way Stop

Bike Route

This map is intended to help students consider walking, biking, or taking transit to the Fremont Adult School. The routes identify walking routes from nearby AC Transit stops and a biking route from the Fremont BART station. Some of these routes may be longer than the most direct route, however they provide improved facilities and less vehicle traffice, making it more comfortable for students who walk and bike.

If you are getting a ride to school, consider being dropped off a few blocks away and walking to school. Dropping off a few blocks from the Froemont Adult School helps relieve traffic congestion and provides an opportunity to get some excercise!