

## **BIKE SMART!**



Wear a Helmet. It's the law. Helmets should fit snugly, sit level on your head, and always be buckled firmly under your chin.





Make Eye Contact. Don't assume that drivers see you, especially when entering or crossing a street. Make eye contact before you cross, even if it is your turn.

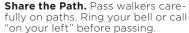


**Be Alert.** If biking on the street, watch for opening car doors and cars turning across your path.

**Be Visible.** Ride where cars can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



**Be Predictable.** Ride in a straight line and always signal your moves to others.





**Lock Your Bike.** Always lock your bike frame and wheels to the bike rack with a hardened steel U-lock to prevent theft.

# **Types of Bikeways**



**Class I Path** - Off-street path for people biking and walking



**Class II Bike Lane** - On-street bikeway separated from vehicles by lane striping



Class III Bike Route - On-street bikeway shared with vehicles, typically designated by bike route signs and sharrow markings



Class IV Separated Bikeway -On-street bikeway physically

separated from vehicles by curbs or other buffers



### **WALK SMART!**





**Look Before You Cross.** Look left, right, and left again before crossing a street or look over your shoulder for turning cars, especially at intersections.

**Make Eye Contact.** Don't assume that drivers see you. Make eye contact before you cross the street.

**Use the Crosswalk.** Cross at corners or at a marked crosswalk. This is where drivers expect to see you.

**Follow the Rules.** Follow directions from crossing guards.

**Be Visible.** Walk where cars and bikes can see you. Wear bright clothes, and use lights and reflectors when it is dark outside.



The suggested routes shown on this map identify streets most suitable for walking and biking to school. Some of these routes may be slightly longer than the most direct route, but they provide bicycle and pedestrian facilities, and less vehicle traffic, making it safer to students walking and biking.

### **Safe Routes to Schools Program**

Schools in Fremont participate in the Alameda County Safe Routes to Schools program and are eligible to receive many free activities through the countywide program.

More information about the Safe Routes to School Program is available at **alamedacountysr2s.org**.



# WALK & ROLL TO SCHOOL

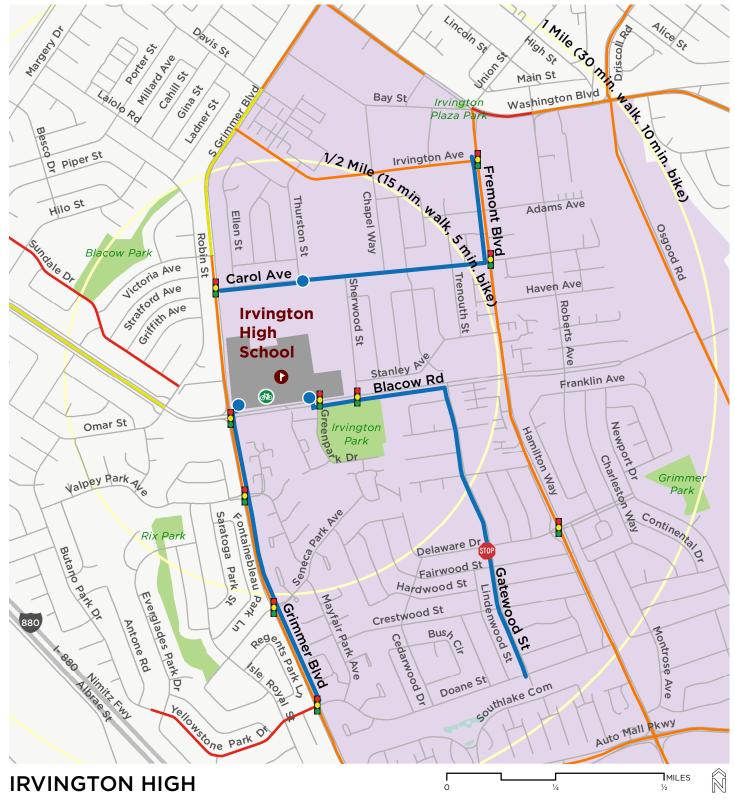


# **Recommended Routes**

# Irvington High School

41800 Blacow Rd Fremont, CA 94538





#### RECOMMENDED ROUTES FOR WALKING & BIKING TO SCHOOL



These routes identify streets most suitable for walking and biking to school. Some of these routes may be longer than the most direct route, however, they provide improved facilities and less vehicle traffic, making it safer for students who walk and bike. We cannot guarantee the safety of the suggested routes; parents are encouraged to inspect the routes for safety on their own.

Park and walk sites are areas where parents can park and walk with their child or drop them off for walking to school. Parking or dropping off a few blocks from school helps to relieve traffic congestion and provides an opportunity to get some excercise in the morning!